

## Mission



Liberty Elementary School will ignite a lifelong love of learning in ALL students through engagement, relevance, and authenticity, fostering personal and academic growth.

## **Vision**



To ignite, engage, and educate, every student, every day.



## From the Desk of Mrs. Gouard

## Autumn has quickly come upon us!

It is time to "buckle down" when it comes to our learning. As always, your student should be reading (or being read to) every night. Students should be practicing their multiplication facts if they are in 3rd and 4th grades. Fall break is approaching, but don't let your child get "rusty." There is a calendar in your student's "parent communicator" folder. This calendar is used to assist in tracking your student's attendance. Please make your best effort to get your students to school!

#### **Car Rider Parents/Guardians:**

Please have your students ready to exit your vehicle as to assist in a fast moving car rider line upon arrival. ONLY STUDENTS ARRIVING AFTER 7:45 SHOULD BE DROPPED OFF IN THE FRONT OF THE BUILDING.

At dismissal, if you need extra time to buckle in your students or want your student placed in your vehicle on the driver's side, please pull up or out of the car rider line so we can keep the line moving. Thank you for your cooperation concerning this matter.

The beginning of the school year has been awesome. We look forward to working with you this year to make your student's educational career a top priority.

Happy Fall, Mrs. Amber Gouard, Principal

## What's Your W.I.G.????

## A W.I.G. is a "wildly important goal!"

- We are focused on being our best selves and bettering our reading abilities. So, everyone in the building has a goal.
- Liberty's goal is to have at least 25% of students in 1st-4th grades score at or above the 60th percentile on their reading Fastbridge Tests.
- Your child's teacher has a more specific classroom goal to help us achieve our building goal.
- AND your child has an individual goal that they set for themselves! Ask your child what their goal is. Are they on track to reaching their W.I.G.???

## College and Careers begin in Kindergarten!

Wow! Our 1st quarter is almost over and we are excited about October! Each day we will continue to review and practice classroom and school rules and expectations. Be sure to ask your child what it means to *Follow the Group Plan*.

We have now learned all of our color songs, so we will continue to practice reading and writing color words. You can help your child become an early reader by practicing these words at home. In language arts, we will learn how to identify and write new letters each week as we also practice sounding out CVC (consonant-vowel-consonant) words so that we can start reading our first little books. In math, we will continue learning about numbers 0-10 before moving on to Module 2 that will be all about flat and solid shapes. We will also continue to practice counting daily as we work toward our end-of-year goal of counting to 100 by 10s and 1s.

During October, our Social Emotional Learning here at Liberty will focus on the *Zones of Regulation*. Students will learn all about the different zones and a variety of coping skills they can use to help regulate their own emotions and actions. Our goal is to help all students with this very important part of their growth and development.

We look forward to seeing you at parent-teacher conferences at the end of October!

Your Kindergarten Team,

Mrs. Greer, Mrs. Talbott & Mrs. Welsch

#### **First Grade News**

Fall is finally here and with it comes some cooler weather and fun adventures inside and outside of the classroom. This month, we will be taking a field trip to Hog Wallow Farms. We will be exploring and investigating pumpkins as well as doing some fun crafts.

In our reading series, we will start exploring and learning about the human body. In math, we will continue to work on adding, counting and number identification. In Reading, we will continue to work on our letter sounds, creating words, and identifying trick words. Please continue practicing these skills with all the flashcards that were sent home with your students.

Also this month, we are starting our trick word and AR reading competition. Please make sure to ask your student about this. They are all really excited to get started! Also please check folders and Dojo daily. This is how we can stay connected. This is going to be a great month!

Your 1st Grade Team,

Ms. Armstrong, Mrs. Doggett, Ms. Lawhorn, Miss Brice



## **Second Grade News**

## **Happy October!**

Second grade is beginning an exciting new CKLA unit on Early Asian Civilizations. In math, we are wrapping up measurement and moving into place value. We are encouraging students to work hard toward their AR and W.I.G. goals by reading daily at home and school. Behavior continues to be an important focus in the classroom and in the lunchroom. Please remember to check ClassDojo regularly for updates and reminders! We are looking forward to seeing you at parent teacher conferences.

Thank you!

The Second Grade Team,

Miss Dye, Mrs. Boyer, and Mrs. Carlton

## **3rd Grade News**



## **Happy Fall!**

We just started Module 2 – Place Value and Problem Solving with Units of Measure in math. This module consists of time, measurement, and 3-digit addition and subtraction with regrouping. Please practice skip-counting by all numbers 2-9 to help your student begin to master their multiplication facts. Students should be fluent with 2's, 3's, and 5's facts at this time. They will need to be fluent with all their multiplication facts by our winter break. Please practice these facts at home. Also, review addition and subtraction facts with your students.

We are working on an Animal Classification Unit in ELA. Students will be completing a one-pager and informational writing with these units. We will be working on answering comprehension questions with complete sentences in response to our reading as well as building stamina and expanding our writing into multi-paragraph essays. Please make sure your child is reading every evening. When your child finishes, have them tell you what the story was about. Students should bring home one library book each evening to read and be ready to take an AR test the next day.

If you ever have any questions or concerns, please don't hesitate to reach out to us!

Mr. Parker ~ Mrs. Smiley ~ Mrs. Swafford

## 4th Grade News

Hello 4th grade families,

October is almost here and we are off and running! Mrs. Cash, Mrs. Isenhower, Ms. Hall, and Mr. Pettit are looking forward to watching those minds grow. We are currently working on "Hidden Rules", it is part of our Social/Emotional curriculum. In a nutshell, it is focusing on the rules we don't need to post around the building as they are expected behaviors. Please take the time to accept your Dojo invitations if you haven't already; that is the best way to communicate with families.

Fourth graders are expected to know their multiplication math facts and read for 20-30 minutes every night.

In reading, we have started our Wildly Important Goals or WIG for short. Student goals range from words per minute, AR tests, and Fastbridge improvement. Our first unit in reading/writing is about complete and focused on personal narratives. We will be moving on to, "The Middle Ages."

In math, we will continue to work on place value, rounding, and 3 to 6 digits adding and subtracting with regrouping. Module 2 focuses on conversions of fractions/decimals.

We will be participating in Outdoor School on October 20-23<sup>rd</sup>. Please sign those permission slips and we will keep you posted on dressing appropriately for the weather.

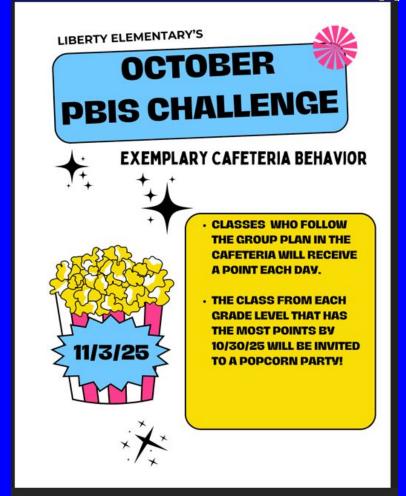
Thank you,

Your 4<sup>th</sup> Grade team!

## October AVID newsletter

Organization is an important part of AVID! It's a core academic skill that fosters efficiency, improves academic performance, and prepares students for success in school and in life. Students learn how to manage their materials by using supply boxes, folders, bookbags, and AVID binders. The agenda book helps students keep track of their assignments and fosters good time management skills. AVID gets our students ready for college, ready for careers, and ready for life! A few occupations that utilize organization are administrative assistant, accountant, warehouse manager, and medical receptionist...just to name a few.

## **Positive Behavior Interventions and Supports (PBIS)**



## Social Emotional Learning (SEL)

### A Parents' Guide to the Zones of Regulation

The Zones of Regulation is an internationally renowned intervention which helps children to manage difficult emotions, known as 'self-regulation'. Self-regulation can go by many names such as 'emotional regulation', 'selfcontrol', 'impulse management' and 'self-management'.

Self-regulation is best described as the best state of alertness for a situation, or the ability to maintain a well regulated emotional state to cope with everyday stress and to be most available for learning and interacting. From time to time, all of us (including adults) find it hard to manage strong feelings such as worry, anger, restlessness, fear or tiredness, and this stops us from getting on with our day effectively. Children who feel these emotions often find it hard to learn and concentrate in school

The Zones of Regulation aims to teach children strategies to help them to identify their emotions and cope with these feelings so they can get back to feeling calm and ready to learn. These coping strategies are called 'self regulation'.

At Liberty, we want to teach all of our children good coping and regulation strategies so they can help themselves when they experience anxiety and stress.

- Recognize when they are in the different Zones and learn how to change or stay in the Zone they are in.
- Increase their emotional vocabulary so they can explain how they are feeling.
- Recognize when other people are in different Zones, thus developing better empathy.
- Develop an insight into what might make them move into the different Zones.
- Understand that emotions, sensory experiences such as lack of sleep or hunger and their environment might influence which <u>Zone</u> they are in.
- Develop problem-solving skills and resilience
- Identify a range of calming and alerting strategies that support them (known as their personal 'toolkit').

#### The **ZONES** of Regulation® **BLUE ZONE** GREEN ZONE YELLOW ZONE RED ZONE Mad/Angry Sad Frustrated Sick Terrified Worried Tired Feeling Okay Silly/Wiggly Yelling/Hitting Focused Excited Elated Moving Slowly Ready to Learn Loss of Some Control Out of Control





#### Cold & Flu Season is Here! Please help us reduce the spread of illness;

Keep your child home if they have a fever of 100.4 For higher, vomiting, or diarrhea. Students must be fever-free for 24 hours without medication before returning to school. Teach and encourage handwashing, covering coughs and sneezes, and not sharing food and drinks.

#### Cooler Weather Reminders:

Please send your child to school dressed for the weather! Mornings can be chilly, so jackets, hats and gloves are encouraged. If your child is in Kindergarten or first grade, we ask they they keep a change of clothes in their bookbag, incase of accidents.

#### Lice Awareness! October often brings an increase in head lice cases. Remind your child:

- Do not share hats, brushes, or hair accessories.
- If you suspect lice, let the nurse know so we can discreetly help.

#### Questions or Concerns?

Feel free to reach out! I'm here to support your child's health and well-being. Lets work together for a safe, healthy, and fun October.





## Home Program Intervention Coordinator

## Happy Fall!

I have spent a great deal of time getting to know new students and reconnecting with returning students! We are so excited to have everyone here at Liberty. Attendance is important and we miss your student when they are absent. If an absence is necessary, please call the school at (217)444-3000 to excuse the absence. Our attendance has been great so far this year and we look forward to continuing that trend! Please feel free to reach out if you have any questions or if I can assist you!

Sarah Funk

Home Program Intervention Coordinator

Liberty Elementary School

(217)444-3021

## Home Program Intervention Coordinator





## OCTOBER 2025

## K-8 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	Cinnamon Bun Fresh Orange 100% Fruit Punch Juice 1% or Skim White Milk	Pull Apart Donut Strawberry Yogurt Frozen Peach Cups Very Berry Juice 1% or Skim White Milk	3 Stuffed Waffle Fresh Grapes 100% Strawberry Kiwi Juice 1% or Skim White Milk
6 Turkey Sausage and Cheese Biscuit w/jelly Watermelon Applesauce 100% Orange Juice 1% or Skim White Milk	7 Apple Cinnamon Muffin Vanilla Yogurt Fresh Apple 100% Apple Juice 1% or Skim White Milk	8Turkey Ham and Cheese Slider Banana 100% Fruit Punch Juice 1% or Skim White Milk	9 Cherry Strudel Mozzarella String Cheese Fresh Orange Very Berry Juice 1% or Skim White Milk	10 NO SCHOOL
13 NO SCHOOL	14 NO SCHOOL	15 NO SCHOOL	16 NO SCHOOL	17 NO SCHOOL
20 Cocoa Cherry Breakfast Bar Colby Jack Cheese Stick Plain Applesauce 100% Orange Juice 1% or Skim White Milk	21 Mini French Toast Fresh Grapes 100% Apple Juice 1% or Skim White Milk	22 Breakfast Pizza Fresh Orange 100% Fruit Punch Juice 1% or Skim White Milk	23 Apple Strudel Strawberry Go Gurt Fresh Apple Very Berry Juice 1% or Skim White Milk	24 Turkey Sausage Egg Burrito w/taco sauce Frozen Fruit Cups 100% Strawberry Kiwi Juice 1% or Skim White Milk
27 Maple Waffles Turkey Sausage Link Cinnamon Applesauce 100% Orange Juice Skim or 1% White Milk	28 Mini Chicken Patty on Biscuit w/honey Fresh Apple 100% Apple Juice Skim or 1% White Milk	2€gg and Cheese Omelet on Tortilla Shell w/Taco Sauce Fresh Orange 100% Fruit Punch juice Skim or 1% White Milk	30 Banana Bread Strawberry Yogurt Banana 100% Very Berry Juice Skim or 1% White Milk	

Final 9.30.25



Menu Subject to
Change
The Interactive
Menu
lingconnect.com
has Real Time
Updates

Served Daily:

Cold 1% White Milk Cold Skim White Milk Lactose Free Milk

For Questions Regarding
This Menu, Please
Contact:
Zetta Piggott
Director of Food Service
217-444-1070
PiggottZ@Danville118.org

## OCTOBER 2025

## K-8 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	1 Chicken Tenders W/BBQ Sauce Dinner Roll Baked Wedges Fresh Cauliflower w/ranch Pineapple Tidbits	2 Mexican Pizza w/Turkey Taco Meat, Refried Beans and Cheese Spanish Rice Sliced Zucchini w/Ranch Diced Peaches	3 Mostaccioli w/ beef Meat Sauce WG Garlic Bread Tossed Salad widressing Steamed Peas Fresh Apple
6 Orange Chicken Brown Rice Fortune Cookies Steamed Edamame Baby Carrots w/ranch Pineapple Tidbits	7 Homestyle Meatloaf Dinner Roll Mashed Potatoes Fresh Broccoli w/ranch Fresh Apple	8 Homestyle Quesadilla w/Salsa Spanish Rice Roasted Corn and Peppers Grape Tomatoes Fresh Orange	9 Cheeseburger on Bun w/Lettuce, Pickle, Ketchup, Mustard Animal Crackers Waffle Fries Variety Fresh Vegetables Applesauce	NO SCHOOL
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
20 Sausage Pizza Popeye Salad w/Dressing Steamed Corn Fruit Cocktail	21 Walking Taco w/Salsa Turkey Taco Meat, Cheese Sauce, Sour Cream Steamed Carrots Sliced Cucumbers w/Ranch Fresh Apple	22 Chicken and Noodles Dinner Roll Mashed Potatoes Green Beans Sliced Peaches	23 Chicken Drumstick, Breaded Brown Rice Sliced Bread Steamed Edamame Fresh Cauliflower w/ranch Fresh Orange	24 Bosco Sticks Tomato Soup Baked Tater Tots Fresh Broccoli w/ranch Pineapple Tidbits
27 Beef Hot Dog on Bun Mustard, Ketchup, Relish Vegetarian BBQ Baked Beans Sliced Zucchini w /ranch Fresh Orange	28 Homestyle Sloppy Joe on Bun Tossed Salad w/Dressing Steamed Broccoli Sliced Pears	29 Chicken and Waffles w/BBQ Sauce, Syrup Steamed Carrots Cole Slaw Fruit Cocktail	Turkey and Cheese Hoagie w/ Lettuce, Tomato, Mustard, and Mayo Baked Chips Baby Carrots w/Ranch Corn on the Cob Fresh Apple Cookie	NO SCHOOL

Final 9.30.25

#### News

NATIONAL SCHOOL LUNCH WEEK October 6th-9th

# Menu Subject to Change The Interactive Menu lingconnect.com Provides Real Time

#### updates Served Daily:

Cold 1% White Milk
Cold Skim White Milk
Cold 1% Chocolate Milk
Cold 1% Strawberry Milk
2nd Meal Option
Variety of Specialty Salad

#### Or Deli Sandwiches Vegetarian Options:

Mixed Lettuce Salad Sunflower Jelly Sandwich Cheese Filled Bosco Stick Popeye Salad w/Cheese Stick Grilled Cheese Sandwich